



YMCA High School Basketball League

The YMCA High School Basketball League is for recreational teams seeking to compete in a fun and encouraging atmosphere.

League Information

- ◆ Grades 9th–12th (League Director reserves the right to combine divisions if necessary)
- ◆ Games will be either Saturday or Sunday afternoons.
- ◆ 8 game season beginning January 9/10
- ◆ A team roster must be submitted to the Youth Sports Office by December 3, 2026.
- ◆ After the team roster deadline coaches will receive a registration link to send to the parents of the player to register for the team. Parents will have December 7 to 18 to register their child.
 - ◆ The player will not be able to practice until the individual has been registered.
 - ◆ Shirts will only be ordered to those participants that registered by December 18.
 - ◆ Player will not be able to participate in the league until they are registered.
- ◆ Team roster must have at least 8 players. Rosters may be checked at games by officials.
- ◆ Players who are participating on a High School Basketball team through the Nebraska School Activities Association are not eligible to participant in the league.
- ◆ \$92 per player. Lincoln YMCA Members can deduct \$15. Must be paid by December 18, 2026.
- ◆ Players must wear the YMCA Shirt that is included with league fees. Coach will be contacted when shirts are available for pickup.
- ◆ Teams can schedule a practice through the Youth Sports Office on Monday, December 7 and can begin practices week of December 9. **No practices over LPS Holiday Break.**
 - ◆ December 23, 2026 — January 4, 2027
- ◆ Games schedules will be posted online Thursday, December 17 at 4:00pm

The YMCA of Lincoln, NE is committed to provide a safe, fun and encouraging atmosphere for everyone.

- ◆ All Head Coaches must be at least 21 years old. The Head Coach or adult above the age of 21 must be on the team bench at all times during games and attend all practices.
- ◆ As a volunteer coach with the YMCA of Lincoln, NE, you are giving us permission to conduct a review of your background which may include criminal history and/or child protective services.

Important Dates

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| • December 3 | Team Roster Deadline |
| • December 9 | Practice may begin |
| • December 17 | Schedules posted |
| • December 18 | Registration must be paid |
| • January 9/10 | Season Begins |

League Director

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Youth Sports Office

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