NORTHEAST YMCA
GYM SCHEDULE

August 6-December 22, 2026

ymcalincoln.org

MONDAY

5:00am - 8:00am	Open Gym / Track
8:00am - 10:00am	Open Gym / Pickleball
10:00pm - 11:00am	Open Gym
11:00am - 11:30am	Open Gym / Preschool
11:30am - 2:00pm	Open Gym
2:00pm - 4:00 pm	Open Gym / Track
4:00pm - 7:00pm	Open Gym
7:00pm - 8:45pm	Open Gym / Pickleball

TUESDAY

5:30am - 7:00am	Adult Basketball
7:00am - 9:00am	Pickleball
9:00am - 11:00am	Open Gym / Track
11:00am - 11:30am	Open Gym / Preschool
11:30am - 2:00pm	Open Gym
2:00pm - 4:00pm	Open Gym / Track
4:00pm - 8:45pm	Open Gym

WEDNESDAY

5:00am - 8:00am	Open Gym / Track
8:00am - 10:00am	Open Gym / Pickleball
10:00pm - 11:00am	Open Gym
11:00am - 11:30am	Open Gym / Preschool
11:30am - 2:00pm	Open Gym
2:00pm - 4:00pm	Open Gym / Track
4:00pm - 7:00pm	Open Gym
7::00pm - 8:45pm	Open Gym / Pickleball

THURSDAY

5:30am - 7:00am	Adult Basketball
7:00am - 9:00am	Pickleball
9:00am - 11:00am	Open Gym / Track
11:00am - 11:30am	Open Gym / Preschool
11:30am - 2:00pm	Open Gym
2:00pm - 4:00pm	Open Gym / Track
4:00pm - 8:45pm	Open Gym

FRIDAY

5:00am - 8:00am	Open Gym / Track
8:00am - 10:00am	Open Gym / Pickleball
10:00am - 11:00am	Open Gym
11:00am - 11:30am	Open Gym / Preschool
11:30am - 2:00PM	Open Gym
2:00pm - 4:00pm	Open Gym / Track
4:00pm - 7:00pm	Open Gym
7:00pm - 8:45pm	Open Gym / Pickleball

SATURDAY

7:00am - 8:30am	Adult Basketball
8:30am - 11:00am	Open Gym / Track
11:00am - 4:00pm	Open Gym
4:00pm - 5:45pm	Open Gym / Pickleball

SUNDAY

8:00am - 9:00am	Open Gym
9:00am - 11:00am	Pickleball
11:00am - 1:00pm	Open Gym / Track
1:00pm - 5:45pm	Open Gym

THINGS TO KNOW

- Gymnasium closes 15 minutes prior to facility closing.
- Youth under the age of 15 must be accompanied by an ~~adult~~ **guardian (19+)** on LPS school days between 3-5pm unless involved in a YMCA program.
- Play safely, and be considerate of others. No profanity, fighting, yelling, or unsportsmanlike conduct.
- No hanging on basketball rims or nets.
- Shirts are required at all times.
- Please secure your personal belongings in a locker. The YMCA is not responsible for personal injury or for lost, damaged, or stolen items.
- YMCA Youth Policy applies. In all cases, youth must be 9 years or older to be in any YMCA facility without a guardian **(19+)**. Please review all other Youth Policies for facility access.
- All schedules are subject to change. The YMCA reserves the right to schedule programs, rentals, and special events, and will make every effort to notify members of any schedule changes. LPS non-school days: 9/7, 8, 10/15, 16, 19, 11/25, 26, 27, 30, 12/23-1/4, 18, 2/15, 3/8-12, 4/5, 30, 5/21-8
- Pickleball players set up and take down equipment. Pickleball court availability can be viewed and scheduled on Playtimesscheduler.com. This is not a court reservation, but allows you to view other players coming during each time. Skill Levels: 1-west court-Beginner, 2-center/east courts-Intermediate

WHAT TO BRING

- Gym Equipment - Limited basketballs, volleyballs, and Pickleball equipment will either be available in the gyms or at the Front Desk for check-out
- Water Bottles - Other beverages and food not permitted while using the Gym
- Towels