



Adult Men's Basketball League Winter 2026

The YMCA League includes at least 7 games guaranteed. (7 regular season games followed by a single elimination tournament.) T-shirts are awarded to tournament champions. League schedules, rules and standings will be posted on tourney machine. The league will have competitive and recreational divisions.

Season Begins Sunday, January 25th, 2026

Location: All Games Played at Lincoln High or Lincoln East

Days/Times: Sundays, 5:30pm to 10:00pm

Game Length: Two 20-minute halves with running clock.

Rules: YMCA Basketball rules are on our website.

Ages: Players must be 19 years or older.

Team Fees: MINIMUM OF 7 PLAYERS REQUIRED

\$480 Team Fee. Please make one type of payment, multiple checks are not accepted.

Late Fee: \$50 extra for all payments after deadline.

Deadline is Tuesday, January 13, 2026

No Play Dates: February 8, March 15 & April 5

Return to: YMCA Adult Basketball; Attn: Andrew; 570 Fallbrook Blvd., Suite 210
Lincoln, NE 68521

Online Registration available at: ymcalincoln.org

Contact: Andrew Lee, 402-434-9214 or alee@ymcalincoln.org



YMCA Adult Men's Basketball League

Winter 2026

- Registration Deadline is Tuesday, January 13, 2026
- League fee of \$480 per team is due when roster is turned in.
- Teams must have a minimum of 7 players.

Team Name _____

Desired League A ____ B ____ C ____

Team Captain _____

Phone _____

Email _____

Mailing Address _____ City _____ State _____ Zip _____

I understand that by signing and submitting this registration, my team members and I will abide by the rules and philosophy of the YMCA. I also understand that if we do not abide by the YMCA rules and philosophy we can be removed at any time.

Team Captain's Signature _____ Date _____

Team Strength (Circle) 1 2 3 4 5 (strong)

Requests (Not all can be honored) _____

Player First & Last Name

Phone Number

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

Credit Card Number _____ Exp. Date _____ CVC# _____

Card Holder's Signature _____