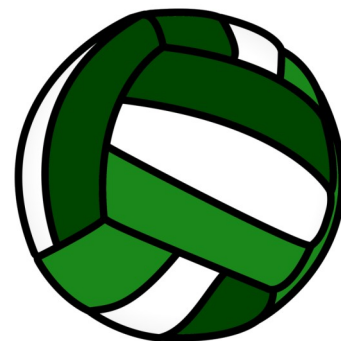


Club Volleyball

Open Gym



The open gym is for boys and girls born in the years of 2005-2014. Participate in drills varying from passing, setting, and serving while learning about the Lincoln YMCA Club Volleyball program. Players looking to join Club Volleyball are strongly encouraged to participate. All participants must register for this program and for their current age division.

November 15, 2025

Time

9am - 10:00am

BirthYear

July 2011-June 2015
(11U-14U)

10:15am-11:15am

July 2006-June 2011
(15U-18U)

Important Information

- \$5.00 fee
- All participants must register
- Copple Family YMCA (8700 Yankee Woods Dr, Lincoln, NE 68526)

Players Should Bring

- Tennis shoes
- Water bottle
- Knee pads optional

Deadline: November 12th

[Age Definition Chart](#)

Club Volleyball Director

Rylee Williams

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402-434-9215

Register at: www.ymcalincoln.org