



YMCA Spirit Volleyball Fall 2025

Overview

The YMCA Spirit Volleyball League is for competitive teams seeking to compete and develop in an encouraging atmosphere. Multiple divisions offer teams an opportunity to compete against opponents with similar skill level.

League Information

- ◆ Grades 4th-8th with multiple divisions per grade level. (League Director reserves the right to combine divisions if necessary)
- ◆ 10 match season September 14- November 2
- ◆ Single Elimination tournament November 9. (all teams will participate in the end of season tournament).
- ◆ 2 weekly practices available at over 40 LPS gym locations.
- ◆ Flexible game scheduling by coach request.
- ◆ \$86 per player. YMCA Family Members can deduct \$10.
- ◆ Spirit Jersey will be \$20.00 per player. The fee will be added to individual players fees if the jersey is needed.

Coach Information

- ◆ A team roster must be submitted to the Youth Sports Office by August 15, 2025.
- ◆ Once the team roster is turned in the coach will receive a registration link to send to their players to register for their team. Players will have from August 18 - August 29 to register.
- ◆ Teams must have at least 8 players.
- ◆ All player registration fees must be paid by August 29, 2025. A player is not registered until they have paid.
- ◆ A Mandatory Coach Meeting will be held on August 27, 2025. Coaches will be contacted with meeting time and location. The meeting will consist of league rules, player/coach/fan expectations and practice sign-up.

The YMCA of Lincoln, NE is committed to provide a safe, fun and encouraging atmosphere for everyone.

- ◆ All Head Coaches must be at least 18 years old.
- ◆ As a volunteer coach with the YMCA of Lincoln, NE, you are giving us permission to conduct a review of your background which may include criminal history and/or child protective services.

League Director

Rylee Williams

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Important Dates

August 15

August 15

August 18- August 29

August 30

September 2

September 5

September 14

November 9

Roster Deadline

Individual Players looking Deadline

Players on team Registration

Late fee of \$10 added.

First Week of Practice

Schedules Posted

Season Begins

Spirit Tournament