



YMCA High School Volleyball League Fall 2025

Overview

The YMCA High School Volleyball League is for recreational teams seeking to compete in a fun and encouraging atmosphere.

League Information

- ◆ Grades 9-12 (League Director reserves the right to combine divisions if necessary)
- ◆ 6 match season September 28- November 2
- ◆ 1 weekly practice available at over 40 LPS gym locations.
- ◆ \$65 per player. YMCA Family Members can deduct \$10.
- ◆ A t-shirt is included in each players registration. Players must wear the YMCA Shirt that is included with league fees.

Coach Information

- ◆ A team roster must be submitted to the Youth Sports Office by August 26, 2025.
- ◆ After the team roster deadline, the coach will receive a registration link to send to their players to register for their team. Players will have from August 27 - September 12 to register.
- ◆ Teams must have at least 8 players.
- ◆ All player registration fees must be paid by September 28, 2025.
- ◆ A player is not registered until they have paid.
- ◆ Players are not allowed to practice until they are registered.
- ◆ A Mandatory Coach Meeting will be held on September 15, 2025. Coaches will be contacted with meeting time and location. The meeting will consist of league rules, player/coach/fan expectations and practice sign-up.
- ◆ A \$15 late fee will be added to all registrations turned in after the September 12 deadline.

The YMCA of Lincoln, NE is committed to provide a safe, fun and encouraging atmosphere for everyone.

- ◆ All Head Coaches must be at least 21 years old. The Head Coach or Adult above the age of 21 must be on the team bench at all times during games and attend all practices.
- ◆ As a volunteer coach with the YMCA of Lincoln, NE, you are giving us permission to conduct a review of your background which may include criminal history and/or child protective services.

League Director

Rylee Williams

rwilliams@ymcalincoln.org

402-434-9215

Important Dates

August 26

Roster Deadline

August 26

Individual Players looking Deadline

August 27- September 12

Players on team Registration

September 13

Late fee of \$15 added.

September 14

First Week of Practice

September 19

Schedules posted

September 28

Season Begins