



YMCA OF LINCOLN

OPEN DOORS FINANCIAL ASSISTANCE PROGRAM

ELIGIBLE PROGRAMS

Before & After School Programs

Camp Kitaki

Climbing Wall Class

Dance

Gymnastics

Home School Gym

Kids Classes – Art, Jr. Chefs, Babysitting, etc.

Martial Arts

Nutrition Programing

Out of School Days

Parents Night Out

Preschool

Road to Wellness

Specialty Adult Classes – BOGA, TRX, Barre, etc.

Summer Day Camp

Swim Lessons

Swim Team / Swim Club

Teen Fitness Training

Youth Outdoor Pool Upgrade

Youth Sports – Camps, Clinics, & Sports