

Spirit Volleyball

Open Gym



The open gym is for boys and girls in grades 4th - 8th for the 2024-2025 school year. Participate in drills varying from passing, setting, and serving while learning about Spirit Volleyball program. Players looking to join Spirit Volleyball are strongly encouraged to participate. All participants must register for this program and for their current grade.

February 22, 2025

Time	Grade
9:00am - 9:50am	4th - 6th
10:00am-10:50am	7th - 8th

Deadline: February 20

Important Information

- \$5.00 fee
- All participants must register
- Copple Family YMCA (8700 Yankee Woods Dr, Lincoln, NE 68526)
- Enter through Door #2

Players Should Bring

- Tennis shoes
- Water bottle
- Knee pads (optional)

Spirit Volleyball Director

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Register at: www.ymcalincoln.org