

# FALLBROOK YMCA GYM SCHEDULE

ymcalincoln.org

## YMCA GYM (SOUTH)

### SUNDAY

8:00am - 11:00am	Open Gym
11:00am - 2:00pm	Open Gym/ <b>Pickleball</b>
2:00pm - 6:00pm	Open Gym

### MONDAY/WEDNESDAY/FRIDAY

5:00am - 8:00pm	Open Gym
8:00pm - 12:00pm	Schoo Middle School Use
12:00pm - 1:00pm	Men's Full Court Pickup
1:00pm - 3:00pm	Schoo Middle School use
3:00pm - 5:00pm	Open Gym/YMCA Programming
5:00pm - 9:00pm	Open Gym/YMCA Programming
5:30pm - 7:00pm	<b>Pickleball</b>

YMCA Programming will take priority over open gym if the full use of the gym is required.

### TUESDAY/THURSDAY

5:00am - 6:00am	Open Gym
6:00am - 7:45am	Open Gym/ <b>Pickleball</b>
7:45am - 12:00pm	Schoo Middle School Use
12:00pm - 1:00pm	Men's Full Court Pickup
1:00pm - 3:00pm	Schoo Middle School Use
3:00pm - 5:00pm	Open Gym/YMCA Programming
5:00pm - 8:00pm	YMCA Programming
8:00pm - 9:00pm	Open Gym

YMCA Programming will take priority over open gym if the full use of the gym is required.

### SATURDAY

7:00am - 9:00am	Open Gym
9:00am - 11:30am	YMCA Programming only
11:30am - 6:00pm	Open Gym

## SCHOO GYM (NORTH)

### SUNDAY

8:00am - 6:00pm	Open Gym
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### MONDAY - FRIDAY

5:00am - 8:00am	Open Gym
8:00am - 4:30pm	Schoo Middle School Use
3:00pm - 5:00pm	YMCA Programming
5:00pm - 9:00pm	Open Gym

The North side of the Schoo Middle School Gym may be closed on Wednesdays and Fridays from 6:00 - 8:00pm for scheduled YMCA Youth Sports practices. Please watch for signs indicating the gym will be closed.

### SATURDAY

7:00am - 6:00pm	Open Gym
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## THINGS TO KNOW

- Play safely, and be considerate of others. No profanity, fighting, yelling, or unsportsmanlike conduct.
- No hanging on basketball rims or nets.
- Shirts are required at all times.
- Please secure your personal belongings in a locker. The YMCA is not responsible for personal injury or for lost, damaged, or stolen items.
- YMCA Youth Policy applies. In all cases, youth must be 9 years or older to be in any YMCA facility without a guardian. Please review all other Youth Policies for facility access.
- All schedules are subject to change. The YMCA reserves the right to schedule programs, rentals, and special events, and will make every effort to notify members of any schedule changes.

## WHAT TO BRING

- Gym Equipment - Limited basketballs, volleyballs, and Pickleball equipment will either be available in the gyms or at the Front Desk for check-out
- Water Bottles - Other beverages and food not permitted while using the Gym
- Towels