

FALLBROOK YMCA GYM SCHEDULE

ymcalincoln.org

YMCA GYM (SOUTH)

SUNDAY

8:00am - 11:00am	Open Gym
11:00am - 2:00pm	Open Gym/ Pickleball
2:00pm - 6:00pm	Open Gym

MONDAY/WEDNESDAY/FRIDAY

5:00am - 8:00pm	Open Gym
8:00pm - 12:00pm	Schoo Middle School Use
12:00pm - 1:00pm	Men's Full Court Pickup
1:00pm - 3:00pm	Schoo Middle School use
3:00pm - 5:00pm	Open Gym/YMCA Programming
5:00pm - 9:00pm	Open Gym
5:30pm - 7:00pm	Pickleball

TUESDAY/THURSDAY

5:00am - 6:00am	Open Gym
6:00am - 7:45am	Open Gym/ Pickleball
7:45am - 12:00pm	Schoo Middle School Use
12:00pm - 1:00pm	Men's Full Court Pickup
1:00pm - 3:00pm	Schoo Middle School Use
3:00pm - 5:00pm	Open Gym/YMCA Programming
5:00pm - 8:00pm	YMCA Programming
8:00pm - 9:00pm	Open Gym

SATURDAY

7:00am - 9:00am	Open Gym
9:00am - 11:30am	YMCA Programming only
11:30am - 6:00pm	Open Gym

SCHOO GYM (NORTH)

SUNDAY

8:00am - 6:00pm	Open Gym
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MONDAY - FRIDAY

5:00am - 8:00am	Open Gym
8:00am - 4:30pm	Schoo Middle School Use
3:00pm - 5:00pm	YMCA Programming
5:00pm - 9:00pm	Open Gym

The North side of the Schoo Middle School Gym may be close on Wednesdays and Fridays from 6:00 - 8:00pm for scheduled YMCA Youth Sports practices. Please watch for signs indicating the gym will be closed.

SATURDAY

7:00am - 6:00pm	Open Gym
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THINGS TO KNOW

- Play safely, and be considerate of others. No profanity, fighting, yelling, or unsportsmanlike conduct.
- No hanging on basketball rims or nets.
- Shirts are required at all times.
- Please secure your personal belongings in a locker. The YMCA is not responsible for personal injury or for lost, damaged, or stolen items.
- YMCA Youth Policy applies. In all cases, youth must be 9 years or older to be in any YMCA facility without a guardian. Please review all other Youth Policies for facility access.
- All schedules are subject to change. The YMCA reserves the right to schedule programs, rentals, and special events, and will make every effort to notify members of any schedule changes.

WHAT TO BRING

- Gym Equipment – Limited basketballs, volleyballs, and Pickleball equipment will either be available in the gyms or at the Front Desk for check-out
- Water Bottles – Other beverages and food not permitted while using the Gym
- Towels