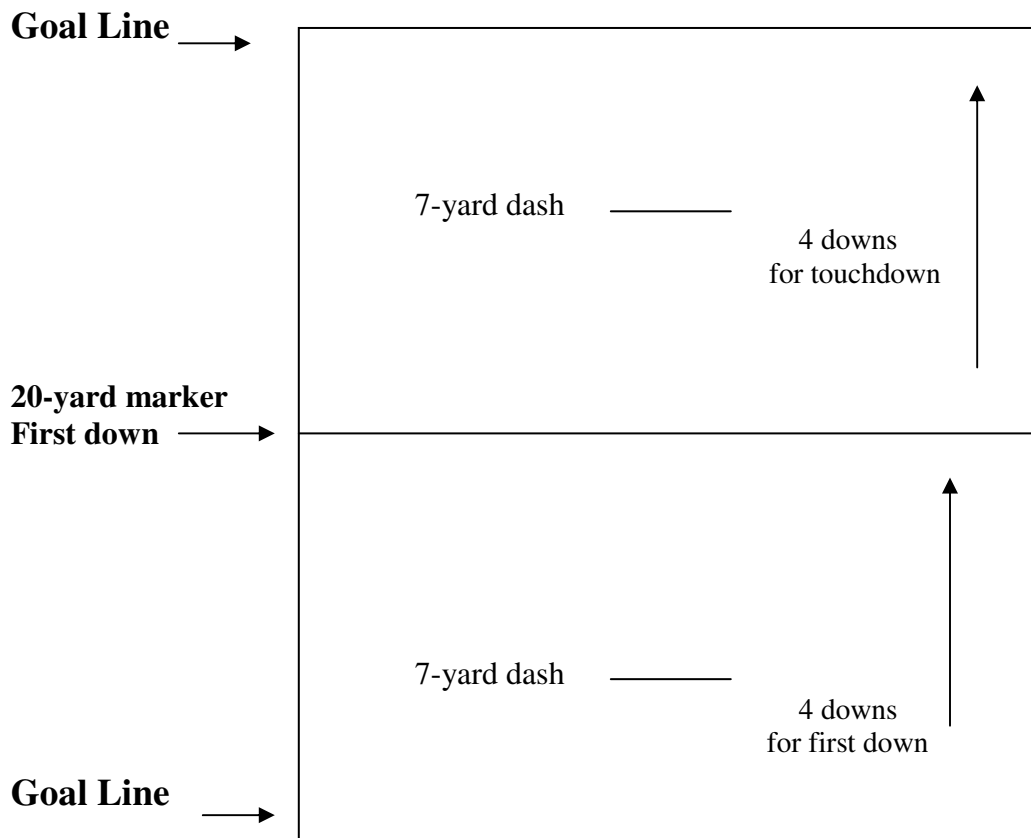


YMCA Youth Sports

Flag Football Field Diagram (Grades 1st)



- The start of the game, start of 2nd half, after a punt downed in the end zone, after a safety and/or after a score then the offensive team will begin at 7-yard dash marker.
- Offensive team will have 4 downs to get to 20-yard marker and/or touchdown.
- Only ONE first down markers on playing field, 20-yard line marker.