

Northeast Gym Schedule

(402) 434-9262 Effective March 29, 2022

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00 AM					Adult E	Basketball								
					5:30 -	7:00am								
6:00 AM											Closed	1		
											Ciosco			
7:00 AM							-				Adult Ba	sketball		
											7:00-8:			
8:00 AM	-											Pickle Ball		
6:00 AM	Open G	Open Gym		Op e n Gym		Open Gym		Open Gym		Open Gym		Open Play		
				Pickle Ball								8am-10am		
9:00 AM				Open Play				Pickle Ball Open Play					Pickle Ball Open Play	
				9:00-11am				9:00-11am					9am-11am	
10:00 AM														
		_												
11:00 AM	Pre-School 11-11:30		Pre-School 11-11:30		Pre-School 11-11:30		Pre-School 11-11:30		Pre-School 11-11:30					
		_												
NOON														
1:00 PM											Open Gy		Open Gyr	m
											Open dy	/III	open dy	
2:00 PM														
3:00 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
4:00 PM														
C 00 DM		Diekle D-U	1			Pickle Ball	C C!			Pickle Ball				
5:00 PM		Pickle Ball Open Play				Open Play	Gym Close Gymnastic			Open Play				
		6:00-8:00	Open Gyr	m		6:00-8:00	5:00-7:15pi	m		5-6:30pm				
6:00 PM			Open dyi											
								_]		Closed	d@6:00		
7:00 PM									Open Gyr	n				
8:00 PM			1				1							

GYM POLICIES – The Gymnasium will be divided in half.

 $Youth\ under\ the\ age\ of\ 15\ must\ be\ accompanied\ by\ an\ adult\ on\ school\ days\ before\ 5:00pm\ unless\ involved\ in\ a\ YMCA$

program. No hanging on basketball rims & No cursing, spitting, fighting, rough play or kicking basketballs/volleyballs. Be respectful of others using the facility.

- Speed & Agility Clinic: Saturdays June 25, Oct 1, 8:00-9:30am
- Speed & Agility: Monday & Friday—March 21-May1, July 11-Aug 14, October 17-November 20 7:00-8:00pm